

What's new at theHappyLab:

AWARDS, LAUNCHES & LEADERSHIP GROWTH

A new year, new milestones & what's next at theHappyLab

Dear friends and partners,

As we step into **2026**, we want to pause for a moment — not only to say thank you for your trust, but also to share some meaningful milestones and what's coming next at theHappyLab.

It's been a year of growth, recognition, and bold new steps. Here's a snapshot of what we're proud of — and excited about.

What's new at theHappyLab

HR Award for Leadership Development



DEI Award-winning Women Empowerment program with Chiesi Hellas



Launch of thePeoplePartners | Fractional HR Services



Welcome to Afroditi Meni, leading thePeoplePartners



Positive Leadership | Now open for registrations





Silver HR Award for Leadership Development

We are proud to share that **just three years into our journey**, theHappyLab received the **Silver Award for Excellence in Leadership Development** at the **HR Awards 2025 (BOUSSIAS)**.

The award recognizes our flagship program **“Positive Leadership: Unleashing the Power of Trust”** — a science-backed, human-centered leadership journey rooted in modern psychology, neuroscience and experiential learning.

This recognition reinforces our belief that **trust, connection and growth are not “soft” topics — they are core drivers of performance and sustainability.**

Diversity & Inclusion Bronze Award – Women Empowerment

We warmly congratulate our client **Chiesi Hellas** for being recognized at the **Diversity, Equity & Inclusion Awards 2025**.

We feel grateful to have partnered with Chiesi Hellas in designing and delivering a **Women Empowerment program** that stood out for its depth, creativity and impact — made possible by the strong commitment of the Chiesi project team and the inspiring engagement of all participating women.

Moments like this remind us the value of meaningful partnerships.

New Service Launch: thePeoplePartners | Fractional HR

In **December 2025**, we officially launched **thePeoplePartners**, our **Fractional HR Services** portfolio.

Designed for **SMEs, start-ups and scale-ups**, thePeoplePartners offer:

- ✔ Strategic HR Business Partnering
- ✔ HR Mentoring
- ✔ HR Building Blocks

All with **senior HR expertise, flexibility and real impact — without the full-time cost.**

Explore how Fractional HR can support your business on our website.



Welcome to the team: Afroditi Meni

We are delighted to welcome **Afroditi Meni** as **Strategic HR Business Partner and Leader of thePeoplePartners**.

With **25 years of HR experience** in multinational environments across technology, telecoms, consulting and gaming, Afroditi brings deep expertise in HR Business Partnering, transformation and modern people practices.

Her passion for inclusive cultures, mentoring leaders and enabling sustainable change makes her a perfect fit for theHappyLab — and for the organizations we support.

Now open for registrations: Positive Leadership – Unleashing the Power of Trust (Silver HR Award 2025)

Our award-winning **group coaching program for People Leaders** is now open for registrations. Designed for leaders who want to:

- ✔ Build and sustain trust
- ✔ Strengthen psychological safety
- ✔ Boost engagement and performance
- ✔ Grow as resilient, self-aware and impactful leaders

Rooted in applied organizational and positive psychology, the program focuses on **the human side of leadership that matters most — especially in today's complexity.**

Learn more and secure your place via our website.



Thank you for being part of our journey.

We look forward to another year of meaningful work, strong partnerships and positive impact.

Warm regards,
Alexandra & Vicky
Co-Founders, theHappyLab

Find out more
on our website